

Sample Menu



What do you want for breakfast? We'll make it! We provide residents with anything from bacon & eggs, homemade waffles, french toast and pancakes to oatmeal or cream of wheat and toast! This is an everyday selection, because as they say breakfast is the most important meal of the day.

Lunch



Monday

- Country Fried Steak
- Mashed Potatoes with Cream Gravy
- Peas
- Dinner Roll

Tuesday

- Orange Glazed Chicken
- Augratin Potatoes
- Mixed Vegetables
- Texas Toast

Wednesday

- Glazed Ham
- Sweet Potatoes
- Vegetable Bake
- Dinner Roll

Thursday

- Roast Beef
- Mashed Potatoes with Brown Gravy
- Brussel Sprouts
- Bread

Friday

- Marinated Pork Loin
- Apple Celery Stuffing
- Spinach
- Biscuit

Supper



Monday

- BLT on Wheat
- Marinated Vegetable Salad
- Chips
- Pickle

Tuesday

- Fish Sticks with Tartar Sauce
- Fried Potatoes
- Cole Slaw
- Bread

Wednesday

- Soup of the Day
- Chef Salad
- Mandarin Oranges

Thursday

- Pizza
- Italian Tossed Salad
- Bread Stick
- Pears

Friday

- Chicken and Noodles
- Mixed Vegetables
- Fresh Fruit

Our menu selections offer an array of nutritious and appealing meals and are served with delicious homemade dessert options. Every meal is served with a second option, specially chosen each day by our cooks. Our staff is always ready to assist residents with a helpful hand and a smile, making the dining experience more satisfying.

Sample Activity Schedule



Monday

9:30am Let's Take a Walk
10:30am Farm Talk
2:00pm Bingo
4:00pm Memory Circle
6:00pm Puzzles

Tuesday

9:30am Let's Twist
10:30am On This Date
1:00pm "Tara's Tarts!"
2:30pm Trip to Library
6:00pm Cards

Wednesday

10:00am Scenic Drive
1:00pm Ladies Circle
2:30pm Shopping
4:00pm Gardening
6:00pm Book Club

Thursday

9:30am Kick Ball
10:30am Snacktivity
1:00pm Paster Neeley
2:00pm Bingo
6:00pm Dominoes

Friday

9:30am Sit & Be Fit
11:00am Sing-A-Long with Sandra
2:00pm Manicures
3:00pm Bingo
6:00pm Let's Play Pitch

Saturday

Family & Friends Time!
9:30am Reminisce
10:30am Puzzles
2:00pm Movie Matinee
7:00pm Lawrence Welk

Sunday

Family & Friends Time!
9:30am Coffe and Convo
1:45pm Visiting Church Service
3:00pm Ice Cream Social

Join us...

The activities and events offered by the Life Enrichment programs at Arrowood Lane, Greystone and Tara Gardens are designed to meet the interests and desires, as well as promote wellness and the well being of each resident. Making the move to a senior living community can be a difficult transition, which is why we feel so strongly about getting to know each resident who makes their home with us. We want to know their childhood memories, about their first love, what they did for a living and even their favorite food! Knowing what makes each resident "tick," allows us to plan programs that meet the varied interests and levels of ability of the residents that live in our communities.